

# The race

## A story about kindness



### Positive Ending

#### KEY CONCEPT/ DISADVANTAGE

#### Kindness, inclusion/ exclusion

#### OBJECTIVES

- to understand Fair Play and sportsmanship
- to develop teamwork and supportive behaviour
- to manage disappointment and emotions
- to prioritise fun and participation over winning

#### QUESTIONS FOR DISCUSSION FOR POSITIVE ENDING

- Why do you think Joe chose to support Michael instead of blaming him?
- How do you feel when someone encourages you after a mistake?
- What would happen if Joe had blamed Michael instead?
- What is more important in a race: winning or having fun with your friends?

#### SUGGESTIONS FOR ADDITIONAL RESOURCES

- "Giraffes Can't Dance" by Giles Andreae – This children's book teaches the importance of perseverance, confidence, and supporting others, just like Joe does when he encourages Michael after the race. It helps kids understand that everyone has their own strengths and that encouragement matters more than winning. ([https://www.youtube.com/watch?v=3\\_YTuHa1WEY](https://www.youtube.com/watch?v=3_YTuHa1WEY))
- PBS Kids – Fair Play Games – This interactive website provides fun, age-appropriate games and activities focused on teamwork, sportsmanship, and fair play, reinforcing the story's lesson that playing together and supporting friends is more important than just winning. (<https://pbskids.org/games>)

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### Negative Ending

#### KEY CONCEPT/ DISADVANTAGE

#### Kindness, inclusion/ exclusion

#### OBJECTIVES

- to grasp the values of fair play and good sportsmanship
- to build teamwork skills and encourage supportive attitudes
- to handle disappointment and regulate emotions effectively
- to focus on enjoyment and involvement rather than just winning

#### QUESTIONS FOR DISCUSSION FOR ENDING 1

- How do you think Michael felt when Joe blamed him for losing the race?
- Have you ever been in a situation where someone made a mistake in a game?
- What happens to a team when players stop supporting each other?
- If you were Michael, what would you want your friends to say to you after the race?

#### SUGGESTIONS FOR ADDITIONAL RESOURCES

- A short film that aligns well with the themes of sportsmanship, teamwork, and handling competition is "Good Sports", <https://youtu.be/0JvTJchlk48>
- Activity: "Broken Trust Experiment" – Give each child a small piece of paper and ask them to crumple it. Then, have them try to smooth it back out completely.