Sports Unite, Not Divide



Positive Ending

KEY	CONCEPT/
DISA	DVANTAGE

Diversity

OBJECTIVES

- 1. Promote gender equality and challenge stereotypes in sports and physical education.
- 2. Encourage pupils to evaluate skills and character over gender when making team decisions.
- 3. Strengthen appreciation for fairness, inclusion, and team spirit.
- 4. Develop pupils' empathy by recognising how exclusion based on gender affects peers.

QUESTIONS FOR DISCUSSION FOR POSITIVE ENDING

- 1. Why was it important for Ann to be chosen for the football team?
- 2. What message did the boys send by cheering for Ann?
- 3. How can we make sure that everyone gets a chance to try the sports they enjoy?
- 4. Have you ever seen someone treated unfairly in a game? What did you do?

SUGGESTIONS FOR ADDITIONAL RESOURCES

- Class brainstorm: "What makes a good teammate?" Create a poster.
- Using Genially, co-create an interactive poster with pupils titled "What makes a good teammate?" that includes text, images, and animations.
- Watch this video: "Throw Like a Girl" by Always and discuss.
- Use Kahoot! to quiz pupils on key messages from the "Throw Like a Girl" video and spark discussion afterward.
- Role-play PE class situations where pupils advocate for others.
- Start a "Play for All" day where pupils pick any sport, regardless of gender.



Sports Unite, Not Divide



Negative Ending

KEY CONCEPT/
DISADVANTAGE

Diversity

OBJECTIVES

- 1. Raise awareness of how exclusion in sports affects confidence and belonging.
- 2. Reflect on how rules, traditions, and assumptions can create barriers.
- 3. Encourage critical thinking about how to create more inclusive sports environments.
- 4. Empower pupils to stand up for fairness and challenge outdated ideas.

QUESTIONS FOR DISCUSSION FOR NEGATIVE ENDING

- 1. How do you think Ann felt when she wasn't picked for a team?
- 2. What would you have done differently as one of the team captains?
- 3. How can schools make sports more inclusive for everyone?
- 4. Why is it important for girls (and boys) to be able to choose the sports they like?

SUGGESTIONS FOR ADDITIONAL RESOURCES

- Create a "Gender Fair Sports Charter" for your class or school.
- Using Canva, design a "Gender Fair Sports Charter" poster with your class and display it in the gym or hallway
- Ask pupils to write a letter to a PE teacher suggesting how to improve inclusion.
- Discuss inspiring women athletes and how they overcame barriers (e.g. Megan Rapinoe, Serena Williams, Ada Hegerberg).
- Invite a local athlete to speak about inclusivity and breaking stereotypes.

