### Zara's painting problem

## A story about EMPATHY



#### **Positive Ending**

<b>KEY CONCEPT/</b>	
<b>DISADVANTAGE</b>	

### **Empathy**

### **OBJECTIVES**

- to teach empathy and compassion
- to recognize and respond to others' conditions and feelings
- to develop skills for showing understanding and empathy
- to practise skills for making and maintaining friendships

# QUESTIONS FOR DISCUSSION FOR POSITIVE ENDING

- How did Zara feel when she put the brush down?
- What did you think when Leo offered to help Zara?
- How would you act if you saw your friend struggling
   ?
- Did Zara appreciate Leo's help?

### SUGGESTIONS FOR ADDITIONAL RESOURCES

- "Kindness Scenario Quiz" in Wordwall https://wordwall.net/resource/89598486
- "Empathy Role-Play: Step into Their Shoes".

Help pupils understand how others feel in different situations and encourage kind responses. Write different real-life situations on *Situation cards* where someone might need kindness (e.g., "Your friend lost their toy and is crying"). and *Emotion Cards* with different emotions (e.g., sad, happy, frustrated, lonely). Pupils picks a scenario card and an emotion card after which a discussion follows: why the chosen action is kind and how it makes others feel



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#### **Empatht**

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## QUESTIONS FOR DISCUSSION FOR ENDING 2

- Did Zara do the right thing not letting her friends help her?
- How would you act in this situation?
- How did Zara feel when she couldn't finish the painting?
- What did the other kids think when Zara was the only one that couldn't finish the painting?

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